

Region of Waterloo Bike Map – Rural

Legend

- Paved trails** – Typically asphalt or concrete paths shared by pedestrians and cyclists.
- Unpaved trails** – Typically stonedust or dirt paths shared by pedestrians and cyclists. May not be suitable for all types of bikes.
- Township trails** – A mix of bike-friendly roadways and unpaved trails that may not be suitable for all road bikes. Trails may require riding on loose gravel and crossing busy roads. Some trails have agreements to enter private lands. Use caution, follow all signage and cross at signalized/sign crossings wherever possible.
- Protected bike lane pilot zones** – Projects to evaluate bike lanes separated from vehicle traffic. To learn more visit regionofwaterloo.ca/cycling and BikeKitchener.ca.
- Bike lanes** – Painted bike lanes, contra-flow bike lanes, and permanent separated/protected bike lanes.
- Shared streets/paved shoulders** – Typically bike-priority shared use streets (sharrows), signed routes or rural bike lanes and roadways with 1m paved edge.

Walkways – Connect neighbourhoods to nearby bike lanes and trails. Walkways are usually sidewalks, and some have stairs. Use caution and always walk your bike on sidewalks.

- Route ideas** – Route ideas are not suitable for all skill/comfort levels as you may encounter on-road sections without bike infrastructure.
- The Great Trail (Trans-Canada Trail)
 - Cambridge Cross Town
 - Kissing Bridge Trail (Guelph to Goderich Trail)
 - Central Region
 - The Triple "W"

- Destinations and points of interest**
- Ontario by Bike's local bike-friendly businesses
 - Historic bridges
 - Public art
 - Secure bike parking
 - Bike "fixit" stations/air pump
 - Hospitals
 - Universities and colleges
 - Lakes/ponds
 - Forests/parks/greenpace/conservation areas
 - Towns and villages
 - Municipal boundaries

- Transportation options**
- Airport
 - VIA/GO rail station
 - ION light rail transit stations
 - Major GRT bus stations

Bike, bus and light rail

- Major Grand River Transit and ION Light Rail stations are listed on this map.
- Every Grand River Transit bus has a bike rack, so you can combine your cycling journey with public transit at no extra cost!
- Bikes are permitted on ION light rail trains if space allows. Please hold on to your bike at all times.
- When cycling near ION light rail:
 - Look both ways and only cross at designated areas
 - Always cross tracks at a right angle to help avoid a fall
 - Treat ION trains with the same caution as other vehicles
 - Tracks are for trains – never ride along the tracks

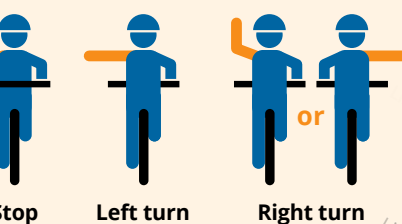
Bike tips and rules of the road

- Riding on the road**
- Ride with the flow of traffic unless signed otherwise
 - Ride one metre out from the curb to avoid grates and debris
 - Your bike must have a white front light and a red rear light or reflector when you ride at night
 - You must follow all traffic signs and lights

- Riding on trails**
- Keep to the right side of the trail
 - Yield to pedestrians and ring your bell when passing
 - You must dismount and walk your bike in crosswalks

- Riding with children**
- To give children a chance to develop the skills necessary for riding on the road, bikes with a wheel diameter of 50 cm or less can ride on the sidewalk, but must be walked through crosswalks.
 - Anyone under 18 years old is required by law to wear a helmet, but it's a great idea for everyone! A bike helmet can help prevent head injuries.

Hand signals



Stop Left turn Right turn

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